

GUIDE NEWS



From left: Watched by colleague Carin Bowman, reporter Julia Youd goes up.... up.... and almost away.... The spontaneous movement is part of the healing process

# Seeing is believing!

## Julia Youd discovers there is more to 'healer' Coby Zvikler than meets the eye...

*Coby was about eight feet from Carin when after saying the same phrase at Julia her arms began to move.*  
 Carin said: "After a couple of minutes my arms raised slowly and I could not put them down. It was a weird sensation.  
 "He diagnosed what physiotherapists and numerous specialists have told me but he didn't even touch me. He said I had long-term arm and shoulder problems.  
 "I don't feel I have been "corrected" but nobody else has come up with a solution either.  
 "Witnessing what happened to Julia has baffled me. There is no logical explanation for it but it definitely happened."

*Paul suffered a broken neck eleven years ago and Coby identified with light touch exactly where his problems were, including specific vertebrae.*  
 "I was really surprised," said Paul. "I was fully clothed and yet hardly touching me he homed in on the very specific areas where I have problems.  
 "By light touch, not manipulation, on my shoulders he relaxed tension and muscle spasms which resulted in me standing straighter.  
 "But the most startling thing was when my arms moved involuntarily, your body feels so good that you want it to carry on, you can tell it's doing you good.  
 "I certainly felt better but it didn't last more than 24 hours, possibly because my problems are so deep-seated.  
 "I have no doubt that he has some way of perhaps stimulating your subconscious to make spontaneous healing movements."

*Coby cannot fully explain the phenomenon but says: "It's almost like I've uncovered a way of communicating with the body's own healing system, but that doesn't explain how it works, especially not over the telephone."*  
 "I know it doesn't work on everyone but I have helped many people including someone with curvature of the spine and others with frozen shoulders and heart palpitations. I will challenge anyone to try it.  
 "I want medical professionals to examine people over a long period of time so the effects can be monitored. I want it to be investigated to see what it can do.  
 "It's a very slow process getting people to believe in it. It doesn't matter if you

**THE phrase "you have to see it to believe it" has never been more appropriate.**

Two weeks ago we told you about Coby Zvikler's apparent talent for making people go into spontaneous movement even when he was miles away from them.

You probably laughed — I did. But not anymore. After his first demonstration in Fallowfield I called him to see how it went. By his own admission only around 40 people went along, but it had been a "success" — the vast majority went into spontaneous movement.

I told him I needed this verified and he needed people off I could speak to or, he said, I could experience it myself — over the telephone.

I could not come up with a decent excuse to decline his offer so reluctantly agreed, telling him that if it failed, which I thought was certain, I would still report it. He wasn't deterred and told me to relax. A colleague stood behind me and held the 'phone to my ear. Coby was silent.

I didn't know what was supposed to happen but then I felt my clothing move beneath me and I looked down and saw

I panicked and screamed. After I had calmed down I told Coby what had happened and he asked if I had problems in my neck. I told him I did — he said the arm movement was my body correcting the problem.

He said I should do the "correction" again and I agreed, convinced it had been a sheer fluke. This time he asked me to say "give me what I need to correct all structural problems now". Within seconds my arms floated upwards.

They reached shoulder height where they remained. I got severe pins and needles and couldn't move my arms. Gradually they lowered themselves again — and my neck was more free of discomfort and pain than it had been for years. It lasted two days.

Still incredulous I knew I had to see him and have others witness it. So this week myself, colleague Carin Bowman and photographer Paul Gardner went along.

He had varying results on both Carin and Paul, then it was my turn. It started happening immediately — it was mind-blowing.

which I cannot even attempt to co-ordinate "on my own".

Then we tried out the Coby Card. I turned my back to him and he stood some feet away from me with the card which contains magnetic tape which he has "focused" on. I could not see him, yet I moved in whichever direction he looked the card.

Then we put a silent video of him on. I turned my back to it and again went into spontaneous movement which this time affected my neck too and even made me fall backwards.

I was in spontaneous movement for at least one hour and was exhausted. It was physically draining.

It happened. I witnessed it happening to others yet I still find it virtually impossible to believe. It is not conscious muscular movement, it is not auto-suggestion or mind over matter — he doesn't suggest anything and I didn't want it to happen. I can't say I believe in "it". I don't know what "it" is.

What happened was the most amazing thing I have experienced. It has to be experienced to be believed.

● Coby does a mass healing session at the Armitage Centre, Moseley Road, Fallowfield every Sunday from 2.45pm. People must be there for the