

The Key to Gabriel

An extract from the book by Coby Zvilder

The reactions to my healing were all very positive, but still I wasn't convinced. Being a very logical person I concluded that I simply could be having a 'placebo' effect on the patients. The turning point was when Karen introduced me to a patient of hers whom I shall call Sarah.

I had talked about my feelings, lack of confidence and scepticism with Karen at great length. She was actually much more convinced of my abilities than I was. Because I doubted myself so much, Karen knew that I could be put off easily and she decided not to tell me about the seriousness and nature of Sarah's problem. All Karen told me was that Sarah had been in a lot of pain with a back complaint and that I should simply do my best!



As Sarah lay on the treatment couch chatting quietly to Karen, I went through my usual healing process starting from the crown of her head. I followed the energy field around her body, removing the bumps and holes as I went. Seconds after I had started, Sarah said that she could feel a comforting but intense heat throughout her entire body, especially in her lower back and spine.

When I came to her right hip area I felt a huge hole in her energy field and knew instantly that the main cause of her problem was here. I concentrated intensely on this part of her energy field, pumping as much of my energy into this hole as I could. Suddenly her

body started to twitch and jerk slightly. Her muscles were in spasm, particularly around the lower back and hip area, and it was obvious to me that this was creating even more pain for her. When I saw all this movement, combined with the fact that she was in a lot of discomfort, I turned to Karen for support. I must have looked worried, because she instantly responded telling me that she had expected something like this to happen and that I must continue. Sarah also reassured me - she could handle the pain if it meant getting a positive result. So I carried on. Thirty seconds later, Sarah's entire body relaxed and went limp. Calmly she told me that all the pain had now gone and that she felt fine. It took me another five minutes or so to finish the healing process, smoothing out the energy field around the rest of her body.

After I had finished I asked her if it was possible for her to get up off the couch; to stand up and tell me how she felt. Tentatively she sat up and swung both legs off the couch, as she placed her right foot on the floor there was a thud. Sarah stood up. She seemed stunned and excited. Karen also looked thrilled and amazed. As Sarah put all her weight onto both feet and stood up, expectation hung silently in the air.

Sarah started to giggle uncontrollably, and then as she looked at Karen she started to cry. At this Karen was practically in tears herself and seemed mesmerised. I wondered what on earth was going on. I asked them what the big deal was and it was at this point that Karen told me that since the age of three Sarah hadn't been able to place both feet flat on the floor at the same time. For fourteen years Sarah had undergone many operations on her right hip because she had contracted TB as a child. The doctors also found that one of her legs had been growing longer than the other.

As a child they had tried to correct this with surgery but the operation had had a reverse effect and Sarah's right leg was now shorter than her left one. Sarah also had a curvature of the spine.

When Karen explained all this to me I became more confused. Did she honestly expect me to believe that Sarah's leg had suddenly grown? In her attempt to illustrate what had happened, Karen asked Sarah if she would mind lying back down on the couch again. As Sarah did this she told me that all her pain had gone and that she really couldn't believe what was happening.

Karen asked if I had noticed the positioning of Sarah's knees before I had started the healing process and I had to confess that I hadn't. Now, as I looked, I could see that one knee was approximately two inches higher than the other, which to me proved that her legs hadn't grown at all. Karen explained that Sarah had a curvature in her spine, which bent her body in such a way that exaggerated the difference in the length of her legs. During the healing process her spine had straightened, allowing her hips to level and the result was that she could now put both feet firmly on the ground.

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